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April 23, 2012

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Handy Parent Definitions

AIRPLANE: What Mom impersonates to get a one-year-old to eat strained beets.

ALIEN: What Mom would suspect had invaded her house if she spotted a child-sized creature cleaning up after itself.

BATHROOM: A room used by the entire family, believed by all except Mom to be self-cleaning.

BECAUSE: Mom's reasons for having kids do things which can't be explained logically.

CARPET: Expensive floor covering used to catch spills and clean

CHINA: Legendary nation reportedly populated by children who love leftover vegetables.

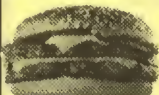
COOK: 1. Act of preparing food for consumption.
2. Mom's other name.

COUCH POTATO: What Mom finds under the sofa cushions after the kids eat dinner.

DRINKING GLASS: Any carton or bottle left open in the fridge.

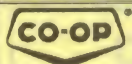


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Cheeseburgers
\$4.79
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Wise Words from
the Great

**DollyLima
Bean**
and Council



On Housework

Cleaning your house while your kids are still growing
is like shoveling the walk before it stops snowing.

~Phyllis Diller,

Phyllis Diller's Housekeeping Hints, 1966

Housework is something you do that nobody notices
until you don't do it. ~Author Unknown

Our house is clean enough to be healthy, and dirty
enough to be happy. ~Author Unknown

I think housework is the reason most women go to
the office. ~Heloise Cruse

I'm not going to vacuum until Sears makes one you
can ride on. ~Roseanne Barr

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Cameron's Clothing	306-463-5555
LaBelle Boutique	306-463-2779
Warehouse One	306-463-5933

ELECTRONICS

The Source	306-463-6055
Bell	306-463-3020
Prairie Computer	306-463-4199

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Scott's Jewellers	306-463-4699
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INSURANCE

Cooperators	306-463-4777
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HEALTH AND BEAUTY

Merle Norman	306-463-6333
Sangsters	306-463-1481

HAIR SALONS

Sharper Image	306-463-6408
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REALTY

Re/Max	306-463-6667
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OTHER

The Cash Store	306-463-3826
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SPECIALTY STORES

Liquor Store	306-463-5401
Extra Foods Gas Bar	306-463-1669

GROCERY/DRUG STORE

Extra Foods	306-463-1651
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BUILDING SUPPLIES & HOME DECOR

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STEAK NIGHT

The
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FRIDAY'S

NOON-9PM

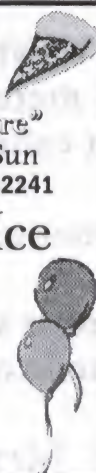
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- ☐ Take out Food
- ☐ Lotto 6/49



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MAY 11

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Kindersley & District CO - OP PRESENTS.....

kid's korner

Following a thought provoking time out in the corner, my four year old announced,

"When I grow up I'm gonna live in a round house."



As we were test driving a new 4x4 truck our ten year old son in the back seat commented on how good the truck sounded. His sister who is 12 said she didn't like the sound that much.

"Of course not" he said
 "You have girl ears!"

Co-op Kids' Club Birthdays of the Week

Macy Becker, Katherine Brewer, Daniel deConinck Smith, Destiney Doupe, Ryley Edgerton, Brian Fuhr, Rihanna Gibson, Montana Kissick, Tanya Kleinsasser, Tyson Mandel, Samantha Mathewson, Sadie McKnight, Brayden Ranger, Sabrina Sander, Zoe Webber



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KINDERSLEY



building centre

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Mon. - Fri. 8:30AM - 5:30PM Sat. 9AM - 5PM



Want to be rid of wrinkles and fine lines, increase metabolism, or even fight cellulite?

How about firmer more toned skin?

Perhaps you know someone who is suffering from acne or acne scarring?

New at Bodyfit ...
Beauty Angel
Red Light Therapy!

Pure energy for your skin and body - total body rejuvenation. Machine stimulates collagen production which diminishes the appearance of fine lines and wrinkles. It is like botox without the injections.

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THIN & Healthy
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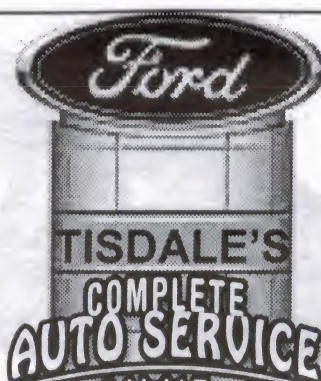


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Random Excuses For Not Going to Work

- I won't be in today because I have come down with Spring Fever.
- My car ran out of gas on the way to work. I was pushing it to a gas station and I got a stomach hernia and I have to go to the doctors.
- I won't be coming in today, I've spent my last cent playing online bingo and I don't have any money left for the bus. Don't worry; I'll try to win it back today while I'm off!
- Excuse me sir, but I won't be in today. My home is flooded and I'm currently standing on my dresser in my second story bedroom. Thanks and have a nice day.
- I can't come into work today because of eye trouble.... I can't see working today.
- If it is all the same to you, I won't be coming in to work. The voices told me to clean all the guns today.
- I am stuck in the blood pressure machine down at the Pharmacy Store.
- Constipation has made me a walking time bomb.
- The dog ate my car keys. We're going to hitchhike to the vet.



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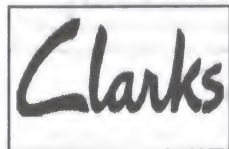
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\$15.00 off all Mens & Ladies
All Shoes & All Sandals



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TOWN OF KERROBERT



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KERROBERT COMMUNITY CALENDAR

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**Mon & Fri 1-6PM
Tues & Thurs
1-9PM**

- Shooting Range
- Archery Supplies
- Special Events



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Every Wednesday add
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ANYONE INTERESTED IN TAI CHI, please call 834-5435.

C.O.P.P is looking for volunteers! Diane or Phyllis at 834-2304.

KERROBERT MOM'S AND TOTS meet Monday's at 10:00 AM. Bring the little ones to play while the Moms do some visiting. For meeting locations and/or info, contact Marlis at 834-2340.

JAM SESSIONS take place on the second and fourth Wed. of each month from 2PM to 4PM at the Seniors Hall. Come and enjoy music and song by local and surrounding areas.

IF ANYONE IS INTERESTED in playing and/or organizing soccer in Kerrobert contact Shane Marsh at the Town office 834-8603 or email kerrobert.recdirector@sasktel.net Coaches, Managers and Players are needed to get soccer back in Kerrobert.

THE KERROBERT CEMETERY COMMITTEE will be completing the ANNUAL SPRING CLEANING of the cemetery and we need your help. Sunday, May 13, 2012 starting at 1:00 pm. All volunteers welcome, see you there! Your time and effort is greatly appreciated, Let's all work together to ensure that our cemetery receives the love and attention that it deserves!

TOWN COUNCIL MEETING on Wednesday, April 25 6:30 PM at the Kerrobert Court House.

SIEBEN'S SCHOOL OF DANCE at the PCC on Saturday, April 28 all day.

ENBRIDGE FAMILY SAFETY NIGHT at the PCC on Thursday, May 31.

THE TOWN OF KERROBERT WILL BE FLUSHING THE WATER LINES as follows: Monday, May 7, 2012 to Thursday, May 31, 2012 From 8:00 am to 4:00 p.m., each day. Please ensure that you

save a supply of water for drinking and cooking. Periods of low pressure or discolored water may occur during this time frame. Please ensure that you run your water until it is clear and clean all your screens on your faucets.

KERROBERT HEALTH region Living & Learning: Do you have heart disease? This is a program to help you and your family to manage and live healthy with your heart disease. On Apr. 18th the topic is "Let's Get Moving" on April 25th, the topic is "Coping Skills and on May 2nd the topic is " Heart Medication" For more info call Cathy at 306-882-2672 ext. 208

KERROBERT SENIOR HOCKEY is back in the SWHL If there is anyone who would like to play or help out in any way please contact either Kyle Endicott @ 834-8595 Or Shane Marsh @ 834-8603 or kerrobert.recdirector@sasktel.net We will also be looking for local businesses that would like to sponsor the team and help bring the Tigers back to the glory of past years!

THE TOWN OF KERROBERT will offer one (1) Graduate Scholarship, valued at \$500 to a student that has shown that they are committed to their communities and the concepts of volunteerism and community involvement. Scholarship Application Forms may be picked up at the Town Office or Kerrobert Composite School Deadline for application is May 18th, **TEAM DIGNITY**, the KCS High School Drama group will perform "Changes" on April 25. This play was written by Brigitta Pederson and is a series of powerful vignettes about bullying. Warning-mature content. Watch for details on community sign for

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THE GREAT CALENDAR OF EVENTS

THE ESTON BOREDOM

BUSTERS will take place every Tuesday from 3:30 to 5:00 p.m. at the Eston Full Gospel Church. For more information, please call the Eston Full Gospel church at 962.3652.

KINDERSLEY'S 2ND ANNUAL ALL YOU CAN EAT SPAGHETTI NIGHT,

at the Anglican Church Hall on Sat April 28th, 2012. Seating's - 5 p.m. & 6:30 pm. For Tickets call 460-9200.

A PAW IN THE RIGHT

DIRECTION, teach your dog how to learn, on May 5. Lunch at Glidden Hall 12:00. Clinic to follow. Pre-register at 463-3576.

FREE BREASTFEEDING CANS AVAILABLE. Cans include information, food, comfort items, and much more, please visit www.birthmattersheartland.com for more information.

BIRTH MATTERS HEARTLAND

Pregnant, New Mom, Planning Pregnancy? All Women (and children) are invited to join us for support, education, and socialization surrounding maternity care and mothering.

We meet the third Friday of every month at Spokes (104 Main Street) from 6-8pm. Snack includes. For more details visit

www.birthmattersheartland.com

KINDERSLEY'S 27TH ANNUAL CHAMBER EXPO TRADE

SHOW 2012. June 7 & 8 at the West Central Events Centre. Book TODAY call the Chamber at 463-2320. Don't miss this opportunity to show off your goods and services.

kindersleychamber@sasktel.net
 P.A.R.T.Y PROGRAM

Learning about the dangers of drinking and driving at a young age can help in decreasing the number of future victims.

That's the thinking behind the P.A.R.T.Y Program also known as the 'Prevent Alcohol and Risk Related Trauma in Youth' program.

The P.A.R.T.Y program takes place: April 25th in Rosetown May 2nd at Outlook High school May 9th at the Biggar Central School 2000 May 23rd at Kindersley Composite School.

THE TOWN OF KINDERSLEY is turning to their citizens for input on how to make Kindersley better. The new Great Idea Campaign gets rolled out today, challenging Kindersley citizens to offer up creative suggestions to the town office on what could make Kindersley a stronger community.

To get involved in the Great Idea Campaign, submit an idea or for more information, click this link www.greatideacampaign.ca . You can also pick up Idea Submission Forms at the Town Office in Kindersley.

BIG BIKE FUNDRAISER

The Heart and Stroke Foundation is gearing up for their annual Big Bike fundraiser. This will be the 18th year that communities have been banding together to raise money while having a blast on the ride.

The Big Bike season runs from May 1st to August 31st and teams are required to register by April 15th.

ONE YEAR AND STILL HERE

March 24, 2011

Heart Transplant

THANK YOU for the MIRACLE!

The sum of infinite parts played by infinite people. Thank you loved ones and strangers for your gifts of love, support and money. Thank you Kinsmen. Thank you to those dedicated to the medical world. Thank you for taking time to sign your donor card. Thank you for loving me so much, that I fought to live!

THANK YOU

Terri Copeland



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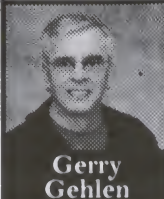


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LIVING & LEARNING FOR HEALTH. DO YOU HAVE HEART DISEASE?

A program to help you and your family manage and live healthy with your heart disease.

Wed. April 25 - Coping Skills
Wed. May 2 - Heart Medications & Your Questions

Rosetown Hospital Boardroom
1:00 - 3:00 p.m. or

Televised in other Heartland Health Region Sites.

For more information call:
Cathy at 882-2672 Ext. 208

QUEEN ALEXANDRA ORDER OF THE EASTERN STAR

tea and bake sale on Fri. June 8 from 2-4PM at the Masonic Hall. **LITTLE WARRIORS**, a national charitable organization that educates adults how to prevent child sexual abuse, is pleased to offer the revolutionary, research based Stewards of Children training in Kindersley. Facilitated by a local authorized facilitator, the Stewards of Children 3 hour workshop educates adults how to help prevent, recognize and react to child sexual abuse.

Register online at <http://littlewarriors.ca/prevention/the-prevention-program/> Register for one of the upcoming dates in Kindersley revenue sponsored by Spokes Family Resource Centre: April 28th 1:30-4:30pm May 26th 1:30-4:30pm June 23 1:30-4:30pm.

KINDERSLEY & DISTRICT ARTS COUNCIL PRESENTS Suzie Vinnick on April 24 at 7:30PM at the Norman Ritchie Community Centre. \$20 Adult, \$5 Student, tickets available at La Belle Boutique and Lela's Music Centre.

KINDERSLEY SPRING HOME BUSINESS AND CRAFT FAIR at the Kindersley Elk's Hall on May 5 from 10AM - 4PM. Many different Home Based Businesses and Crafters from around Kindersley and Area. BBQ lunch available proceeds to

the Kindersley Flying Club. For more info call 463-2282.

SUMMER CAMP Cypress Hills Camp Harding is running camps from July 8th - 28th for kids ages 6-15. Come out and have some Great Fun! Check us out at www.campharding.ca or call Shirlee at 463-2714 or Nancy at 463-4514.

Gleneath Camera Club Tuesday, May 1, Monthly meeting of the Gleneath Camera Club. All are welcome. All Day until 7:30 PM at the Senior's Centre.

KCS GRAD FASHION SHOW & SILENT AUCTION on Wed. May 9 at 7PM at the KSC School Gym. Cost \$5 per person. Dessert, coffee and juice included. Advanced tickets available from any Grad, LaBelle Boutique, Kraz E Threads and Cameron's Clothing Co.

THE BANTAM GIRLS SOFTBALL TOURNAMENT will be held on May 26th and Sunday May 27th, at Kindersley. Players birth years 1996-1997. Please call the coordinators for more details. 463-6697

THE PEE WEE GIRLS SOFTBALL TOURNAMENT will be held on May 26th and Sunday May 27th, at Kindersley. Players birth years 1998-1999. Please call the coordinators for more details. 463-6697

THE MIDGET GIRLS SOFTBALL TOURNAMENT will be held on May 26th and Sunday May 27th, at Kindersley. Players birth years 1993-1995. Please call the coordinators for more details. 463-6697.

KIDS every Thurs. At the Kindersley Christian Fellowship from 6-8PM. 4-12 year olds. A place where kids can just be kids. For more info call Becky at 460-0335.

GOODHEART



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Scott's

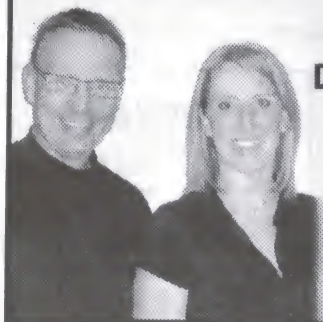
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Dr. Krista Maedel D.M.D

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Tues. 8am-5pm

Thurs. 8am-7pm

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Ask the Dentist

www.lifetimedentalpractice.com

How do I properly care for my toothbrush?

Do not share your toothbrush or use someone else's toothbrush
After brushing, rinse your toothbrush thoroughly with tap water and allow to air-dry

Store standing upright. If it is near other toothbrushes, do not let the heads touch

Do not store in closed containers

Replace your toothbrush every three to four months or when the bristles look worn and bent

SANGSTER'S

HEALTH TIPS

Drinking black tea
helps to lower blood
sugar levels.



A married couple both 60 years old were celebrating their 35th wedding anniversary. During their party a fairy appeared to congratulate them and to grant them one wish. The wife wanted to travel around the world. The fairy waved her magic wand and poof- the wife had tickets in her hand for a world cruise.

Next the fairy asked the husband what he wanted. He said " I wish I had a wife 30 years younger than me."

So the fairy then proceeded to pick up the husband and poof, he was ninety!"

OPENING LINES

These are the beginnings of sentences we would not want to hear the end of:

It looks like when they built your basement they did a funny thing...

Sir, uh me and your daughter uh...

Mom, I know you said I couldn't get my ears pierced so...

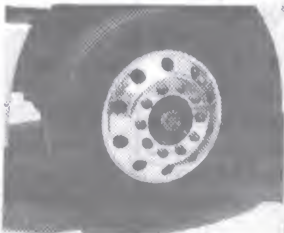
In what experts are emphasizing is merely a long overdue market correction...

We are now making our approach to National Airport, and I have locked the cabin door and lit seven candles as commanded by my dog Buster and...



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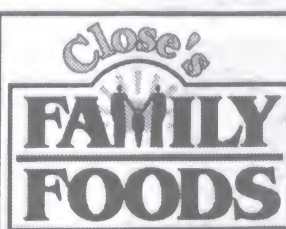
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- Jump right in and play.
- Found my path. Walked it fearlessly
- Didn't do what I should have.
- Shout give repeat as necessary
- Learned it used it forgot it
- I chased him, he caught me.
- Frankly, its all about me.
- Just keep doing the next right thing.
- Haven't lived up to my potential.
- It makes more sense looking back
- Astonished I've made it this far.
- Skipped the present pursuing the future.




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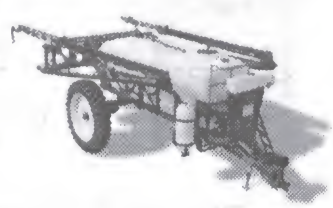
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by Bonnie J. Malcolm

Can you spot 12 differences between these pictures?



Solution: 1. Lid on can is missing. 2. Stripe appears on helmet. 3. Back of boy's cap is different. 4. Pocket on pants is missing. 5. Stripe on can is colored in. 6. Bush behind boy is colored in. 7. Buttons on shirt have moved. 8. Knuckle on car has moved. 9. Dust cloud has moved. 10. Leaves on bush behind tree have moved. 11. Stripe on shoe is different. 12. Knuckle on tree is larger.

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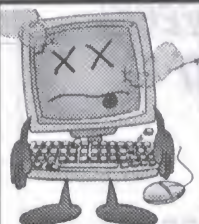
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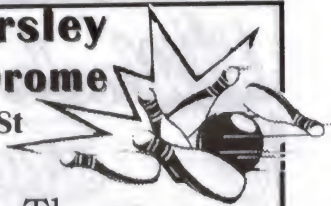
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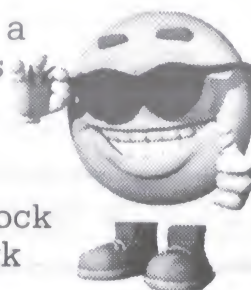
You find yourself listening to talk radio.

Your daughter says she got pierced and you look at her ears.

The pattern on your shorts and couch match.

You fondly remember your powder blue leisure suit.

You think Tragically Hip is when a middle-aged man gets a new sports car, hair piece and a 20 year old girlfriend.



You turn down free tickets to a rock concert because you have to work the next day.

When jogging is something you do to your memory.

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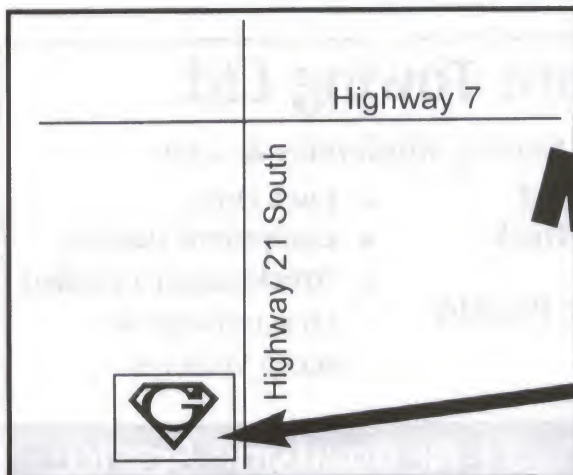
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Do hungry crows have ravenous appetites?

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*If a parsley farmer is sued, can they
garnish his wages?*

Would a fly without wings be called a walk?

Why do steam irons have a permanent press setting?



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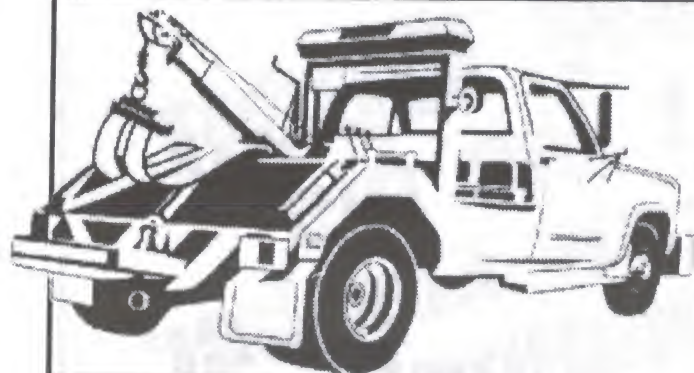
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Tea Time Trivia

1. This Canadian actor is known as much for his battle with Parkinson's Disease as for his work in an 80s TV sitcom and in a series of 80s films about the future. Can you name him?

- A) Michael J. Fox B) Rob Lowell
C) Judd Nelson D) Jon Cryer

2. This blonde, blue-eyed Canadian singer was the spokeswoman for a generation of folkies and while on her way to Woodstock "came upon a child of God who was walking along the road". However, 70s uber trio Crosby, Stills, and Nash are better known for singing the song she wrote about the experience. Who is this Canadian singer/songwriter?

- A) Joan Baez B) Joni Mitchell
C) Judy Collins D) Anne Murray

3. This Canadian actress once played an assistant D.A. on the TV drama "Law & Order", but when her character was killed off in a car accident, she switched to a forensics career in the TV drama "Crossing Jordan."

Tea Time Trivia Answers

Who is this crime-fighting Canadian?

- A) Jill Hennessy
B) Cynthia Nixon
C) Neve Campbell
D) Jacquelyn Hennessy

4. Originally a member of the Canadian comedy troupe "Kids In The Hall," this seemingly straight-laced Canadian starred in the 90s sitcom "News Radio", appeared in the film "Blast From The Past" (1999), and provided the voice for an animated ant. Who is this comedically-gifted Canadian?

- A) Mark McKinney
B) Kevin McDonald
C) Bruce McCullough
D) Dave Foley

5. Which of the following classic songwriters is a native of Canada?

- A) Neil Sedaka
B) Paul Anka
C) Carole King
D) Paul Williams

1.A, 2.B, 3.A, 4.D, 5.B



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THAT'S A FACT

- ♦ In every episode of Seinfeld there is a Superman somewhere.
- ♦ The phrase "rule of thumb" is derived from an old English law which stated that you couldn't beat your wife with anything wider than your thumb.
- ♦ Stewardesses is the longest word typed with only the left hand.
- ♦ The average chocolate bar has 8 insects' legs in it.
- ♦ The average human eats 8 spiders in their lifetime at night.
- ♦ Shakespeare invented the word "assassination" and "bump."
- ♦ Marilyn Monroe had six toes on one foot.
- ♦ If you keep a Goldfish in the dark room, it will eventually turn white.
- ♦ Women blink nearly twice as much as men.
- ♦ The sentence "the quick brown fox jumps over the lazy dog" uses every letter in the alphabet.
- ♦ A rhinoceros horn is made of compacted hair.
- ♦ It is impossible to sneeze with your eyes open.
- ♦ The giant squid has the largest eyes in the world.
- ♦ Who's that playing the piano on the "Mad About You" theme? Paul Reiser himself.
- ♦ In England, the Speaker of the House is not allowed to speak.
- ♦ The longest one-syllable word in the English language is "screeched."

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